



# Sunlight

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## SPECIAL FEATURE

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William Spear is an internationally recognized educator, consultant, author and lecturer on health and environmental issues. He has conducted seminars worldwide on Feng Shui, the I Ching, macrobiotics, natural architecture and community planning. His five-day seminars, "The Passage: A Journey that Transforms Life" has been attended by hundreds of people from all walks of life in the US, Canada, Australia, the UK and Europe. His approach is unique, powerful and ultimately transformational, drawing on years of work in Oriental philosophy and complementary medicine, in-depth training with the Elisabeth Kübler-Ross Center, Tibetan Lama Sogyal Rinpoche and others, and three decades of personal experience with people facing illness and death in a wide range of situations.

Mr. Spear's non-profit foundation, formed in 1983 for the study and care of those with life threatening illnesses, has undertaken a variety of projects including studies on the effect of the environment on health, and the relationship of diet to disease; care and support of patients dying of cancer and AIDS; care and support of nuclear survivors, especially children in Chelyabinsk in the Ukraine, care and support of those affected by recent events in Bosnia-Herzegovina. In 1993, the Society to Improve the Quality of Life, a sister organization in Zagreb which regularly organizes workshops for Mr. Spear, received the Earth Day International Award (also known as the "Green Oscar") at the United Nations for it's work in environmental protection during the Balkan conflict.

Mr. Spear has appeared on radio and television in the US and Europe, spoken at the United Nations and before the US Senate Committee on Health and Ageing, and addressed over 300 physicians at the National Academy of Sciences in St. Petersburg. In 1967 he co-founded one of



the first suicide-prevention hot lines in the United States. He has worked extensively with multiple drug abusers and with prisoners on Death Row and has been the principal caregiver for many terminally ill persons and their families. Although (or because) most of William Spear's work has explored fields dubbed "alternative" by the mainstream academic and professional world, it has attracted a sizable following from a wide range of people. Mr. Spear maintains a private practice in New York, London and Connecticut.

*By William Spear*